

Asthma Treatment

SCAN ME

CONTROLLERS

CONTROLLERS should be used every day - even if you are well and don't have any symptoms.

When used daily, controllers will control the inflammation in your lungs. By controlling the inflammation in your lungs, your symptoms (for example coughing, wheezing, a tight chest or waking at night) will become less and can even disappear.

Alivisco® HFA MDI
Aerosol
Ciclesonide
88 & 160 µg per dose
Astra

Beclate® HFA MDI
Aerosol
Beclomethasone dipropionate
50, 100, 250 & 500 µg per dose
Cipla

Beclomethasone Dipropionate Inhaler
Inhaler
Beclomethasone Dipropionate
100 µg per dose
Glenmark

Budeflam® HFA MDI
Aerosol
Budesonide
100 µg per dose
Cipla

Ciclovent® 80
Aerosol
Ciclesonide
80 µg per dose
Cipla

Fixotide Accuhaler®
Dry powder inhaler
Fluticasone propionate
50, 100, 250 & 500 µg per dose
GSK

Fixotide® HFA MDI
Aerosol
Fluticasone propionate
50, 125 & 250 µg per dose
GSK

Pulmicort Turbuhaler®
Dry powder inhaler
Budesonide
200 µg per dose
Pulma Zentiva

RELIEVERS

RELIEVERS are only used when you have the symptoms (as an emergency measure to open up a tight chest). If the inflammation in your lungs is not well controlled, your symptoms will increase. The number of times you need to use your reliever is, therefore, an indication of whether or not your chest inflammation is under control.

If you need to use a reliever more than twice a week, your asthma is not well controlled.

Consult with your doctor about your medication and technique, to check if you are getting enough controller medication. If you are getting enough controller, your symptoms (for example coughing, wheezing, a tight chest or waking at night) will become less and can even disappear.

Asthavent® HFA MDI
Aerosol
Salbutamol
100 µg per dose
Cipla

Glenbute HFA MDI
Dry powder inhaler
Salbutamol
Glenmark

Symbicord Turbuhaler
Dry powder inhaler
Budesonide / Formoterol
160/4.5 µg, 320/9 µg
Astra Zeneca

Ventolin® HFA MDI
Aerosol
Salbutamol Sulphate
200 µg per dose
GSK

Ventolin® HFA MDI
Aerosol
Salbutamol Sulphate
100 µg per dose
GSK

COMBINATION MEDICATIONS

COMBINATION MEDICATIONS may be considered for step-up therapy for children older than 5 years, or adults where asthma is uncontrolled with inhaled corticosteroids.

Airfusal® Forspro®
Dry powder inhaler
Salmeterol Xinafoate / Fluticasone Propionate
50/250 & 100/500 µg per dose
Sandoz

Bemistat® Bemistat®
Dry Powder Capsule
150 µg Indacaterol Acetate / 50 µg Formoterol Fumarate Dihydrate
Novartis

Dulera®
Aerosol
Mometasone Furoate & Formoterol Fumarate Dihydrate
100/5 µg per dose
Organon

Foxair® HFA MDI
Aerosol
Salmeterol Xinafoate / Fluticasone Propionate
25/50, 25/125 & 25/250 µg per dose
GSK

Foxair® Accuhaler®
Dry powder inhaler
Salmeterol Xinafoate / Fluticasone Propionate
50/100, 50/250 µg per dose
GSK

Innovair® pMDI
Aerosol
Beclomethasone / Formoterol
Beclomethasone and Formoterol
Adcock Ingram

Relvar® Ellipta®
Dry powder inhaler
Fluticasone furoate / Vilanterol
184/22 µg per dose
GSK

Serefile® DPI
Dry Powder Inhaler
Salmeterol / Fluticasone Propionate
50 µg Salmeterol and 100 µg Fluticasone Propionate
Cipla

Serefile® pMDI
Aerosol
Salmeterol / Fluticasone Propionate
25 µg Salmeterol and 50 µg Fluticasone propionate per dose
Cipla

Serefile® Accuhaler®
Dry powder inhaler
Salmeterol Xinafoate / Fluticasone Propionate
50/500 µg per dose
GSK

Serefile® HFA MDI
Aerosol
Salmeterol Xinafoate / Fluticasone Propionate
25/50, 25/125 & 25/250 µg per dose
GSK

Symbicord Turbuhaler®
Dry powder inhaler
Budesonide / Formoterol
160/4.5 µg & 320/9 µg
Astra Zeneca

Vannair® pMDI
Aerosol
Budesonide/Formoterol
80/4.5 µg & 160/4.5 µg per dose
Astra Zeneca

Zimbus® Breaclear®
Dry Powder Capsule
80 or 160 µg Mometasone Furoate
50 µg Glycopyrronium Bromide
Novartis

LONG-ACTING BETA 2-AGONISTS (LABA)

LONG-ACTING BRONCHODILATORS are never used on their own as monotherapy. They may be considered for step-up therapy for children older than 5 years, or adults where asthma is uncontrolled with corticosteroids.

Foratec® HFA MDI
Aerosol
Formoterol fumarate
12 µg per dose
Cipla

Serevent® HFA MDI
Aerosol
Salmeterol Xinafoate
25 µg per dose
GSK

Serevent® Accuhaler®
Dry powder inhaler
Salmeterol Xinafoate
50 µg per dose
GSK

LEUKOTRIENE RECEPTOR ANTAGONISTS (LTRA)

Inhaled corticosteroids are the most effective controller treatment for asthma. LTRA may be used as monotherapy in mild-moderate asthma and as add-on therapy (particularly for children under the age of 5 years).

Monte-Air® Sprinkles®
Montelukast Oral Granules
Organon

Monte-Air®
Tablets
Montelukast
4.5 mg per dose
Organon

Singulair®
Tablets
Montelukast Sodium
4.5 & 10 mg per dose
Sandoz

Topralz®
Tablets
Montelukast
4.5 mg per dose
Dr Reddy's

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POSTEEL-UPDATE12023



IN COLLABORATION WITH
ALLSA
ASTHMA SOUTH AFRICA
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